Friday

MORNING



Opening Sentence

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. *Psalm 19:14*

Canticle — *A Song to the Lamb*

Splendor and honor and kingly power *
are yours by right, O Lord our God,
For you created everything that is, *
and by your will they were created and have their being;

And yours by right, O Lamb that was slain, *
for with your blood you have redeemed for God,
From every family, language, people, and nation, *
a kingdom of priests to serve our God.

And so, to him who sits upon the throne, *
and to Christ the Lamb,
Be worship and praise, and dominion and splendor,*
for ever and for evermore.

*Glory to the Father, and to the Son, and to the Holy Spirit: **
as it was in the beginning, is now, and will be for ever.
Amen.

Psalm 51:1-18

Have mercy on me, O God, according to your
loving-kindness; *
in your great compassion blot out my offenses.

Wash me through and through from my wickedness*
and cleanse me from my sin.

For I know my transgressions, *
and my sin is ever before me.

Against you only have I sinned *
and done what is evil in your sight.

And so you are justified when you speak *
and upright in your judgment.

Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.

For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.

Make me hear of joy and gladness, *
that the body you have broken may rejoice.

Hide your face from my sins *
and blot out all my iniquities.

Create in me a clean heart, O God, *
and renew a right spirit within me.

Cast me not away from your presence *
and take not your holy Spirit from me.

Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.

I shall teach your ways to the wicked, *
and sinners shall return to you.

Deliver me from death, O God, *
and my tongue shall sing of your righteousness,
O God of my salvation.

Open my lips, O Lord, *
and my mouth shall proclaim your praise.

Had you desired it, I would have offered sacrifice,*
but you take no delight in burnt-offerings.

The sacrifice of God is a troubled spirit *
a broken and contrite heart, O God, you will
not despise.

Lesson

And being found in human form, he humbled himself and became obedient to the point of death—even death on a cross. Therefore God also highly

exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.
Philippians 2:7-11



The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Collect

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that

we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. *Amen.*

Grace

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen.*

Friday

NOON



Opening Sentence

O God, make speed to save us.
O Lord, make haste to help us.

Hymn

Grant us, when this short life is past,
The glorious evening that shall last;
That, by a holy death attained,
Eternal glory may be gained.