



What to expect at RELATA:

- **Community Meal:** Enjoy a delicious meal together.
- **10-Minute Prompt:** Gain clear and concise insights on the weekly theme.
- **Table Discussions:** Engage in facilitated conversations at an assigned table with the same group each week.
- **Group Sharing:** Share authentic, honest, and open stories related to the evening's RELATA theme.
- **Insights:** Wonder about your story at a deeper level in relation to the feelings and epiphanies evoked by the other stories shared around the RELATA table.

Scan the QR code or visit EpiphanySeattle.org/RELATA to register or learn more.



Conversation Connection Community

Why RELATA?

All things are connected. We know this through science and our general observations. Yet, how we fit into this connected cosmos can feel uncertain. Sometimes we feel like we belong, sometimes we don't. Sometimes we aspire, and it doesn't quite work out. Sometimes we fall in love, then heartbreak hits us. Sometimes the operating system through which we create meaning fails us. Why should there be this uncertainty if all things are connected? RELATA is a way of exploring these paradoxes.

What is RELATA?

RELATA is a series of eight conversations over a meal where people explore stories of belonging, achievement, love, and meaning that shape their lives. Then they wonder about the possibility that there may be something that holds it all together, and if such a thing exists, how does one access it? By the end of RELATA, the hope is that community has been enhanced by the authentic relationships that develop.

Who is RELATA for?

- Individuals who are ready to share their story, and excited to hear the stories of others;
- Individuals who are concerned that the wider community is more disconnected than connected;
- Individuals who like talking about spiritual things, and wrestling with life's mysteries;
- Individuals who love dinner conversations, are happy to meet new people, and to share and hear stories.

What RELATA is not?

- It's not a time of teaching, nor is it a didactic exercise or academically oriented.
- It is not about doctrine, dogma, politics, philosophy or religion.
- And you are not required to wear a blazer or pearls.

Outline of Weekly Conversations:

1. Connection ∞

If the cosmos is inextricably connected, why do we experience disconnection?

2. Belonging ☉

If we were made to belong, why is exclusion so pervasive?

3. Achievement 📈

If achievement is meant to bring satisfaction, why is it so hard to attain?

4. Love 💕

If love brings us together, why is there heartbreak?

5. Meaning ¹¹⁸¹⁸¹

If we need ideologies to make sense of the world, why are they so flawed?

6. Soul ☁

Is there a more stable ground upon which to stand?

7. Practice ⚖

Is there a way to activate our interconnectedness?

8. Community 🌀

How does authentic community connect a disconnected world?



For over 100 years, Epiphany Seattle has been a place for nurturing the human spirit. While our foundation is Christian, our focus is the human soul. This is why we say: "Wherever you are on your spiritual journey you have a place at Epiphany." RELATA is for the spiritual, but not necessarily religious, designed to remind us that we are connected by our stories.