

# EPIPHANY†

— *Seattle* —



THE FIRST SUNDAY OF LENT

HOLY EUCHARIST

FEBRUARY 21, 2021 AT 8:45 AM

# THE FIRST SUNDAY IN LENT

## Liturgical Changes in Lent

In Lent, you will notice some differences in the liturgy and the way we worship at Epiphany. Since Lent is a season of penitence, reflection, and prayer, worship during this time is solemn and restrained. The somber color of purple replaces the brighter green of the Epiphany season.

The first thing you may notice when entering the church is the difference in the worship space. The cross is veiled in purple. Unnecessary adornments have been either veiled or removed. There are no flowers on the altar. "In this time of Lent, which is a time of mourning, all things that make to the adornment of the church are either laid aside or else covered, to put us in remembrance that we ought now to lament and mourn for our souls dead in sin, and continually to watch, fast, pray, and give alms..." (*An Introduction to English Liturgical Colours*).

Purple is symbolically a color of mourning and penitence. Purple has also been a symbol of royalty. Historically only the most expensive dyes were used to create purple, and the color became associated with power and wealth. Purple therefore reminds us of Christ's suffering, which ultimately led to his Kingship.

There are some differences in the actual service itself. Because Lent is a period of penance, each Sunday service begins with the Penitential Order, which includes an acclamation, the Summary of the Law, and the confession and absolution of sin.

During the season of Lent you will not hear "*alleluia*." This custom arose with the association of *alleluia* with Easter. Its omission during Lent is intended to create a sense of anticipation and great joy when its use returns on Easter. The blessing is replaced by a prayer over the people.

May you find this Season of Lent a reflective, transformative time as you take on your own Lenten journey.

*Diane Carlisle  
Head Verger*

## THE GATHERING

Thank you for joining us today for this celebration of Holy Eucharist. While it is impossible for us to share with you the Body and Blood of Jesus at Holy Communion, we do invite you to participate with your own bread and wine or whatever substitution you would like to make.

### Voluntary

At the sound of the bell, all rise.

### Hymn 143

The glory of these forty days

Erhalt uns, Herr



1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

*words: Latin, 6th cent.*

*music: melody from Geistliche Lieder, 1543*

*Presider* Bless the Lord who forgives all our sins.

**People** His mercy endures for ever.

*The people kneel as able.*

*Presider* Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

**People** Amen. Lord, have mercy.

*Presider* You shall not make for yourself any idol.

**People** Amen. Lord, have mercy.

*Presider* You shall not invoke with malice the Name of the Lord your God.

**People** Amen. Lord, have mercy.

*Presider* Remember the Sabbath day and keep it holy.

**People** Amen. Lord, have mercy.

*Presider* Honor your father and your mother.

**People Amen. Lord, have mercy.**

*Presider* You shall not commit murder.

**People Amen. Lord, have mercy.**

*Presider* You shall not commit adultery.

**People Amen. Lord, have mercy.**

*Presider* You shall not steal.

**People Amen. Lord, have mercy.**

*Presider* You shall not be a false witness.

**People Amen. Lord, have mercy.**

*Presider* You shall not covet anything that belongs to your neighbor.

**People Amen. Lord, have mercy.**

*The Presider continues*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

Let us confess our sins against God and our neighbor.

*Reflective silence is kept.*

**Presider and people**

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Presider*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The people stand.

**Kyrie** sung by the cantor

Hurd  
New Plainsong

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e  
e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -  
le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.  
Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

*Presider* The Lord be with you.

**People** And also with you.

*Presider* Let us pray.

**Collect of the Day** *said by all*

**O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

## THE LITURGY OF THE WORD

The people sit for

**The Lesson**

Genesis 9:8-17

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Lector* The Word of the Lord.

**People** Thanks be to God.

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

words: George Hunt Smyttan (1822-70)  
music: Martin Herbst (1654-81)

The people remain standing.

## The Gospel

**Mark 1:9-15**

*Gospeler* The Holy Gospel of our Lord Jesus Christ according to Mark.

**People** **Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Gospeler* The Gospel of the Lord.

**People** **Praise to you, Lord Christ.**

## Sermon

The Reverend Ruth Anne Garcia

*Silence and stillness are kept after the sermon.*

*The people stand to say*

## **The Nicene Creed**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The intercessor and people pray responsively.*

## **The Prayers of the People**

With all our heart and with all our mind, let us pray to the Lord.

For the holy catholic church throughout the world, sharing the death and resurrection of Christ,  
let us pray to the Lord.

**Lord, hear our prayer.**

For all who minister in Christ, and for all the people of God,  
let us pray to the Lord.

**Lord, hear our prayer.**

For those chosen to govern peoples and nations, and for the welfare of their people,  
let us pray to the Lord.

**Lord, hear our prayer.**

For all who struggle to establish greater peace upon earth, especially those who serve in the military,  
those on missions of hope and mercy, and their families,  
let us pray to the Lord.

**Lord, hear our prayer.**

For all those in trouble and need, especially Jim, Bill, Malitha, Ida, Susan, Trish, Olga, Marj, Atty,  
and for those suffering from COVID-19,

let us pray to the Lord.

**Lord, hear our prayer.**

For those who have gone before us under the sign of faith and for all the departed,  
let us pray to the Lord.

**Lord, hear our prayer.**

For those on our hearts, offering intercession and solace, comfort and healing, praise and thanksgiving, for  
those we now name silently or aloud.

*The people may add their own petitions.*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

*The Presider adds a concluding Collect.*

Accept our praise and thanksgiving, all glorious God, and grant our petitions, not as we deserve, but rather in the loving and forgiving kindness you have expressed to us through Him in whose Name we pray, Jesus Christ our Lord. **Amen.**

### **The Peace**

*Presider* The peace of the Lord be always with you.

*People* **And also with you.**

*The ministers and people greet one another in the name of Christ.*

## **THE LITURGY OF THE TABLE**

### **Offertory Sentence**

*Presider* Return to the Lord your God, for God is gracious and merciful, slow to anger and abounding in steadfast love.

*Your pledge commitment remains very important for the ongoing operations of Epiphany. While we are not gathered in person we ask that you continue to honor your pledge commitment on a regular basis.*

*You may use the following link to pay your pledge, donate to other funds, and/or contribute to the COVID-19 offering.*

<https://onrealm.org/EpiphanySeattle/give/Sunday>

*Text to Give: Using your cellphone (standard text rates do apply), send a text to **73256** with "**EP1805**" and the amount in the message, e.g., "EP1805 \$50" and follow the prompts.*

### **At the Offertory, Anthem**

*En Prière*

Gabriel Fauré (1845-1924)

If the voice of a child can reach You,  
O my Father,  
Listen to the prayer of Jesus, on his knees before You!  
If You have chosen me to teach your laws  
on earth,  
I will know how to serve You, noble King of kings,  
O Light!  
On my lips, Lord, place the salutary  
truth,  
In order that he who doubts should with humility  
revere You!  
Do not abandon me, give me  
the necessary gentleness,  
To ease suffering, to relieve sorrow,  
the misery!  
Reveal Yourself to me, Lord, in whom I believe  
and hope:  
For You I wish to suffer and to die on the cross,  
at Calvary!

*(Sung in French)*



*The people stand.*

### **Eucharistic Prayer B**

*Presider* The Lord be with you.

**People** **And also with you.**

*Presider* Lift up your hearts.

**People** **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus** *sung by all*

Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The people stand or kneel. Then the Presider continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**People** **We remember his death, we proclaim his resurrection, we await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant.

**People** Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

*Presider* In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,

**The Lord's Prayer** *said by all*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

**Breaking of the Bread**

*The Presider breaks the consecrated Bread. A period of silence is kept.*

**Fraction Anthem**

*Presider* Christ our Passover is sacrificed for us;

**People** Therefore let us keep the feast.

**The Invitation to Communion**

*Presider* Join me in lifting your bread and wine.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

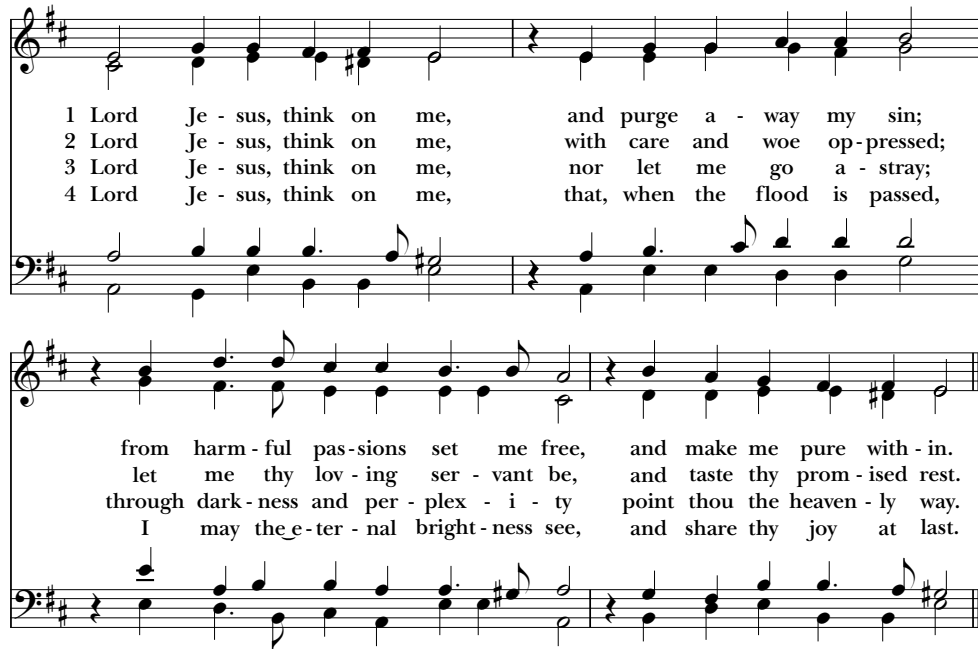
**People** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

—St. Alphonsus Liguori

Music During Communion  
Hymn 641

Lord Jesus, think on me

Southwell



1 Lord Je - sus, think on me, and purge a - way my sin;  
2 Lord Je - sus, think on me, with care and woe op - pressed;  
3 Lord Je - sus, think on me, nor let me go a - stray;  
4 Lord Je - sus, think on me, that, when the flood is passed,  
from harm - ful pas - sions set me free, and make me pure with - in.  
let me thy lov - ing ser - vant be, and taste thy prom - ised rest.  
through dark - ness and per - plex - i - ty point thou the heav - en - ly way.  
I may the e - ter - nal bright - ness see, and share thy joy at last.

words: Synesius of Cyrene (375?-414?)  
music: from Daman's Psalter, 1579

*The people stand.*

**Postcommunion Prayer**

*Presider* Let us pray.

**People** Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**Prayer over the People**

*Presider* Bow down before the Lord.

*The people bow.*

*The Presider says the following prayer:*

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**



1 Now let us all with one ac - cord, in  
 2 The cov - e - nant, so long re - vealed to  
 3 Your love, O Lord, our sin - ful race has  
 4 Re - mem - ber, Lord, though frail we be, in  
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our  
 2 those of faith in for - mer time, Christ by his own ex -  
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,  
 4 your own i - mage were we made; help us, lest in anx -  
 5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.  
 2 am - ple sealed, the Lord of love, in love sub - lime.  
 3 turn your face and grant re - pent - ance for our pride.  
 4 i - e - ty, we cause your Name to be be - trayed.  
 5 ev - er live, in love and u - ni - ty and peace.

*words:* att. Gregory the Great (540-604)

*music:* melody att. Freeman Lewis (1780-1859)

## Dismissal

*Presider* Let us bless the Lord.

**People** Thanks be to God.

*The ministers of the liturgy exit.*

## Voluntary

Music reprinted by permission, OneLicence #A-706859

## Serving this day

*Vicar* The Reverend Ruth Anne Garcia  
*Associate Director of Music* Dr. Wyatt Smith  
*Head Verger* Diane Carlisle  
*Soloist* Carson Lott



## Haiti Micah Project's founder Father Joseph Constant to speak at Have a Heart

This past July the Service & Outreach team invited Father Joseph Constant, founder and Executive Director of the Haiti Micah Project, to speak with us via Zoom. We were all moved (some to tears) by his account of Haiti Micah's work that literally saves the lives of orphaned and abandoned children in his hometown of Mirebalais, Haiti.

We thought the parish would like to know more about Haiti Micah, one of the organizations Epiphany supports through your gifts at Have a Heart. Father Constant will speak at this year's virtual event, which will be "broadcast" 5:30 PM Sunday, February 21.

Photos above, left to right: Haiti Micah sees that children receive health care. Girls in their school uniforms; many children living at Haiti Micah's group home attend St. Peter's Episcopal School. Children receive tutoring while schools are closed due to the pandemic.

## Have a Heart is Ten Years Old!

Years ago Christina Forbes enlisted her parents Bill and Karen to help host spaghetti suppers at Epiphany for her school community service project. The suppers raised several hundred dollars for the Madrona YWCA branch on East Cherry. Fundraising for parish outreach expanded in scope in 2006 when Epiphany partnered with Agros International to help families in a Guatemalan village earn titles to their own plot of farmland, which the families achieved in 2011. That year by chance our outreach fundraiser was held on the Sunday before Valentine's Day, and Alice Foreman christened the event "Have a Heart." Have a Heart has evolved from sit-down dinners to its present (in normal times) free-wheeling parish party. Since 2011 it has raised almost \$420,000 from our generous parish to support the work of a number of hard-working nonprofits that make life better for people close to home and far away.



Scenes from Have a Heart 2020 (Photos courtesy Christina Shires)

**PARISH PRAYER LIST**

**WE PRAY FOR THOSE WHOSE BIRTHDAYS FALL BETWEEN FEBRUARY 21 AND FEBRUARY 27**

Mark Britton, Grace Davis, Sophia Peguero, Jill Marsden, Kathy Pope, Gladys Bostick,  
Rhoda Altom, Molly Pengra, Pieter Drummond, Liam Hyde, Michale Hilton, Yuly Kopkin

**WE PRAY FOR THOSE ON THE DIOCESAN**

**CYCLE OF PRAYER**

St. Stephen's, Longview

St. Peter's, Seaview

All Saints', Vancouver

**WE PRAY FOR THOSE IN OUR PARISH WHO ARE  
ILL OR GRIEVING**

Cheryl Morgan, Eileen Riley, Patty Chemnick, Marylyn Vincent, Alex Polson,  
Susan Pitchford, Atty Cleworth, Marj Baker, Olga Stewart, Chuck Osterlind,  
Charlotte Williamson, Steve, Trish Stone, Noelle, Jim Giger, Wayne Schuh, Rose Chimo,  
Sarah, Mark Little, Maggie Taylor, Malitha Ramiah, Wayne Gribble, Alice Foreman, Nabih Baaklini,  
Yasmeen Coby, Ashlynn Jenkins, Joyce, Art, Lauren Jassny, Holden Shaw,  
Samantha Alston, Evan Alston, Kari Glover, Ida Neary, Bill Rex, Bill Forbes

**WE PRAY FOR THOSE WHO HAVE DIED**

Donna Smith

*From time to time we edit this list. If a name was inadvertently removed, and you would like it to be re-added, or if you would like to add a name to the parish prayer list, please contact Diane Carlisle at [verger@epiphanyseattle.org](mailto:verger@epiphanyseattle.org).*

Are you or a loved one in need of some extra, tender loving care? Pastoral Care Ministries at Epiphany can reach out through a written prayer, a Eucharistic visit, a phone call, a greeting card, a bouquet of Epiphany flowers, a prayer shawl, and/or a meal delivered. Please contact **Robin Mondares** [rmondares@gmail.com](mailto:rmondares@gmail.com) or The Reverend Ruth Anne Garcia [rgarcia@epiphanyseattle.org](mailto:rgarcia@epiphanyseattle.org).

## ***Where's the Third Lesson?***

The Common Lectionary is a three-year cycle of readings used by many mainline Christian churches including Catholic, Anglican, Presbyterian, Lutheran, as well as others. In 1994 this Lectionary was revised and is now referred to as the Revised Common Lectionary.

Each Sunday three lessons (one from the Old Testament, one from the New Testament, and one from the Gospel) and a Psalm are appointed. At Epiphany we have been using only two readings and the Psalm (sometimes replaced by a hymn). It is the preacher's choice whether to use the Old Testament or the New Testament reading. The Gospel is always read at a Eucharist service.

We are now putting the reading that the preacher is not drawing their sermon material from (or less so, anyway) in the back of the bulletin, so that parishioners can receive the entire lectionary over a three-year period.

### **1 Peter 3:18-22**

*Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you— not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.*

## ***What's Happening TODAY at Epiphany***

### **COVID NOW | February 21 | Coffee Break at 10:00 am, Class at 10:30 am | On Zoom**

*Dr. Ruanne Barnabas and Dr. Peter Dull*

Please join us for a conversation with Dr. Ruanne Barnabas and Dr. Peter Dull about where we are in the COVID-19 pandemic now that many in our community have received or will shortly receive, the vaccine. Join us as we discuss what have we learned; what we should continue to do to protect ourselves and/or others from the virus; and the continuing challenges facing the health care system that seeks to prevent and treat the virus. Ruanne Barnabas is an Associate Professor in Global Health and Medicine at the University of Washington and affiliate at the Fred Hutchinson Cancer Research Center. Her research focuses most recently on COVID-19 prevention. Peter Dull is the deputy director for Integrated Clinical Vaccine Development within the Global Health Division of the Bill and Melinda Gates Foundation. In this role, he provides technical and strategic guidance on clinical development to the foundation's program strategy teams.

### **Children's Sunday School | Sundays | 11:00-11:45 am | On Zoom**

Children in Pre-school through 5th grade are invited to join us for Sunday school on Zoom. Naomi will email the Zoom link on Sunday mornings, and everyone will log onto the same link for an opening greeting. Then, children will be separated into breakout rooms for the following classes: Pre-school through Kindergarten; 1st & 2nd grade; 3rd through 5th grade. Hope your child(ren) can join us!

### **Youth Group | Sunday Evenings | Time Varies\* | On Zoom**

*Naomi Woodrum*

Middle school and high school youth are invited to join us for weekly Zoom calls on Sunday evenings. We meet for about an hour to do check-ins, devotions with discussion, and a group prayer. \*The time for these Zoom calls may vary from week to week due to in-person youth gatherings and Confirmation class. Please watch for email updates from Naomi with current start times. Please contact Naomi Woodrum at [nwoodrum@epiphanyseattle.org](mailto:nwoodrum@epiphanyseattle.org) for more information.

### **Evensong | Sundays | 4:40 pm\* | Livestreamed on YouTube**

Choral Evensong is a service of Evening Prayer, derived from the ancient offices of Vespers and Compline. The choir sings the traditional evening prayers of the church that have been offered for centuries, while the congregation listens, joins in the hymns, and adds their own prayers to those of the choir. \* *Please note the change of time for tonight's Evensong service. This is to accommodate Have a Heart, which begins at 5:30.*

### **Have a Heart | | 5:30 - 6:30 pm | YouTube and Zoom**

This year Epiphany's annual fundraiser for parish outreach is a virtual event held right in your own home—or wherever you happen to be! Our special guest is Father Joseph Constant, founder and Executive Director of the Haiti Micah Project, which literally saves the lives of orphaned and abandoned children in his hometown of Mirebalais, Haiti. A link to the event video will be emailed in Saturday's Epiphany at a Glance and also available on the parish website. Please plan to stay for the Zoom chat afterward to visit with friends you might not have seen in a while. We hope you can join us to learn what in the world Epiphany is doing for our neighbors.

## ***This Week at Epiphany***

### **Morning Prayer | Monday through Friday | 7:30 am | on Zoom**

#### **Saturday | 8:30 am | on Zoom**

Many people find that praying the Daily Office helps add a sense of regularity and balance to their prayer life. The Daily Office can help center you in the morning before you begin your busy day, and it can help calm you as you prepare for the hours of the night. The Daily Office is based on the ancient practice of prescribed daily times of prayer. The name comes from the Latin *officium divinum*, meaning "divine office" or "divine duty." These services include readings from the Psalms, Old Testament, New Testament, and a Gospel reading as well as prayers and confession. Email Diane Carlisle at [verger@epiphanyseattle.org](mailto:verger@epiphanyseattle.org) for the link.

### **Meditation | Every day | Ongoing | 8:00 am | on Zoom**

*Pieter Drummond*

What directs the movement of your attention? Understand the influence emotions play on the way you see and understand the world. What happens when stillness grows inside? There is a greater space of wholeness within to respond rather than react. Meditation supports well-being all around. Guided meditation is an opportunity to center and focus. For more information, email Pieter Drummond at [meditate@@pieterdrummond.com](mailto:meditate@@pieterdrummond.com).

### **Chapel Open | Monday through Friday | 9:00 am – 4:00 pm | Chapel**

We are reopening the chapel as a place for prayer during the week. Come by and sit in this sacred space. Occasionally the chapel will be closed for other events; during these times we will open the church. Look for signs at the door.

### **Music at Epiphany | Tuesdays | 5:30 pm | on YouTube**

Music from our community will be featured every Tuesday. Dr. Wyatt Smith, the Director of the Epiphany Music Academy, will curate this evening, highlighting the most extraordinary talent swirling through the Epiphany galaxy. This will be a fun, eclectic offering each week that you won't want to miss. Note: Evensong will return in this time when it is safe to sing together again.

### **Hatha Yoga | Wednesdays | 10:00 am | on Zoom**

*Michael Glass*

This is a free class with an all-levels approach. Beginners are welcome. Be sure to get out your yoga mat and to wear loose comfortable clothing. The class will meet every Wednesday. Contact Michael Glass at [glass@michael@comcast.net](mailto:glass@michael@comcast.net) for more information and the Zoom link.



## ***This Week at Epiphany (continued)***

### **SANCTUS | Wednesdays in Lent | 5:30 pm | YouTube**

As part of Epiphany's ever-expanding communications ministry, we will be offering a unique online contemplative experience during Lent, in partnership with the Young Adult ministry of the Diocese of Olympia. This weekly six-part broadcast will feature audiovisual moments of prayer and reflection from the perspective of young adults in our parish and the wider community, beginning on Ash Wednesday at 5:30 pm, and running until the Wednesday before Holy Week. SANCTUS will be anchored in our Anglican liturgical calendar while reaching across cultural borders for inspiration, reflecting the diversity of our city.

In this penitential season of Lent, our hope is that SANCTUS will be both an invitation and a challenge to deepen our engagement with the life of holiness we are called to turn towards as followers of Christ, in this time of social and ecological turmoil in particular, and in the Age of the Holy Spirit. For more information, please contact Jad Baaklini at [jbaaklini@epiphanyseattle.org](mailto:jbaaklini@epiphanyseattle.org).

### **Stations of the Cross | Thursdays | 11:00 am | Great Hall**

Since the fifth century, Christian believers have been recalling the "last day" of Jesus of Nazareth from his condemnation to his burial by following Stations of the Cross. The stations of the cross, typically 14, are usually represented by a cross and often an artistic visualization of each "scene", which Christians walk either physically or imaginatively to imitate the Christian practice of pilgrims visiting the places of Jesus' passion in the Holy Land. At each station, believers take time for devotion, prayer, and meditation. Please join us Thursdays at 11:00 am in the Great Hall to observe our ancient ritual of walking with Jesus on the way to the cross. Physical distancing and all safety protocols will be observed. For more information contact Ruth Anne at [rgarcia@epiphanyseattle.org](mailto:rgarcia@epiphanyseattle.org).

### **Worship: How it Works, Why it Works, and Why Space Matters | Thursdays | 5:30 pm | YouTube**

*Doyt Conn*

Every Thursday evening there will be short talk from the church about how worship works. There will be short, yet detailed explication of the liturgy and how it works, specifically in the spaces of Epiphany. The goal is that when you return, finally, to worshiping full bore in the church, you will have a new understanding of how worship works, what it does to the human soul, and how the space in which we worship facilitates the slow, steady, incremental unveiling of our goodness. Our hope is to return to Evensong on Thursdays when it is safe to do so.

### **Book Group: So You Want to Talk About Race | Thursdays beginning February 25 | 6:30 pm | Zoom**

From the back cover of *So You Want to Talk About Race*: "Widespread reporting on aspects of white supremacy—from police brutality to the mass incarceration of Black Americans—has put a media spotlight on racism in our society. Still, it's a difficult subject to talk about." But, at this moment in time, many of us feel compelled to try. Join the Rev. Ruth Anne Garcia to "talk about" this book written by Seattleite Ijeouma Oluo. For more information or to sign up for this zoom book group contact Ruth Anne at [rgarcia@epiphanyseattle.org](mailto:rgarcia@epiphanyseattle.org).

### **Bible Study with the Rector | Fridays | 10:30 –11:30 am | Zoom**

*Doyt Conn*

The Bible is the core document that defines the framework in which followers of Jesus live. And so, this class is not just about becoming familiar with the Bible, it is about unpacking it and pulling it apart, and seeking out links and allusions and associations between one part of the Bible and another part of the Bible. This Bible study is a journey into words and meaning and characters, and the context behind them. We do not rush things in this class, and furthermore, because of the slow pace and our theological orientation, you can drop in and quickly find your way, even if you haven't been attending the class. Come be part of this Biblical quest of Christian meaning, understanding, and relevance. All are welcome. Contact Diane Carlisle at [verger@epiphany-seattle.org](mailto:verger@epiphany-seattle.org) for the Zoom link.

## Lenten Day of Quiet

**February 27 | 11:00 am – 5:00 pm | Epiphany Campus**

Begin your Lent with a Day of Quiet contemplation of what God might be doing in your life. Join in a peaceful, beautiful space to relax, pray, stare out the window or at the fire, journal, create art, meditate, or try out prayer exercises. Feel free to drop in and out, for as little as 30 minutes or stay for the whole time. This event will be in person on the Epiphany campus and does require pre-registration. If you're interested in doing an online version, please contact Diana Bender at [diana.bender@outlook.com](mailto:diana.bender@outlook.com).



# Easter Flower Form

This Easter Sunday, the highest celebration of our Christian year, you can remember a special person or event by donating to our Altar Flower Fund. Perhaps you would like to acknowledge the birth of a baby, or a marriage, or a loved one now departed. You may donate towards one or more lilies, but you are not limited to Easter. We can decorate the altar with a floral arrangement on the Sunday closest to that date, or another date of your choosing.

Please complete the form below and send your check to the Parish Office or add it to the collection plate. Remember that during Advent only greens are used on the altar, and during Lent there are no flowers or greens.

PLEASE COMPLETE FORM BELOW AND RETURN  
TO THE CHURCH OFFICE BY WEDNESDAY, MARCH 31.

Name of Donor: \_\_\_\_\_

Email: \_\_\_\_\_

My check is enclosed for purchase of an Easter lily (make payable to: Epiphany Parish: Easter Flowers)

I wish to be acknowledged in the Easter Sunday bulletin, in memory of:

\_\_\_\_\_

In thanksgiving for:

\_\_\_\_\_

For another special Sunday or anniversary during the Church year:

\_\_\_\_\_

Bulletin message:

\_\_\_\_\_

Thank you!

## **Parish Staff**

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The Rev. Doyt L. Conn, Jr.	<i>Rector</i>
The Rev. Ruth Anne García	<i>Vicar</i>
The Rev. Dr. Peter Strimer	<i>Assisting Priest</i>
Jad Baaklini	<i>Communications Minister</i>
Diane Carlisle	<i>Director of Administration &amp; Head Verger</i>
Pam Demian	<i>Senior Accountant</i>
Amanda Eap	<i>Hospitality and Security Minister</i>
Zachary Hemenway	<i>Director of Music</i>
Gieth Phou	<i>Sexton</i>
Laura Rodde	<i>Chief of Staff</i>
Laura Sargent	<i>Engagement Minister</i>
Wyatt Smith	<i>Associate Director of Music &amp; Music Academy Director</i>
Linzi Stahlecker	<i>Seminary Intern</i>
Naomi Woodrum	<i>Director of Children and Youth Formation</i>
Kenzie Beard	<i>Children's Ministry Staff</i>
Sabrina Lee	<i>Children's Ministry Staff</i>
Anna Seng	<i>Children's Ministry Staff</i>
Kim Tran	<i>Children's Ministry Staff</i>
Rochelle Yuen	<i>Children's Ministry Staff</i>

## **Volunteer Ministry Leaders**

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Ann Beck	<i>YWCA Cleanup &amp; Teen Feed</i>
Diana Bender	<i>Discernment</i>
Ben Bradstreet	<i>Minyan</i>
Terry Carlisle	<i>Operation Nightwatch</i>
Sally Clarke	<i>Altar Guild</i>
Susannah Dhamdhere	<i>Meals Ministry</i>
Sue Draper	<i>Book Study</i>
Pieter Drummond	<i>Meditation</i>
Mike Evans	<i>Service &amp; Outreach</i>
Karen Forbes	<i>Women of Epiphany</i>
Alice Foreman	<i>Flower Ministry</i>
Michael Fraas	<i>Visitation Ministry</i>
Michael Glass	<i>Yoga</i>
Julie Hay	<i>Eucharistic Visiting</i>
Robin Mondares	<i>Pastoral Care</i>
Laurel Nesholm	<i>Art Guild</i>
Eileen Riley	<i>Service &amp; Outreach</i>
Jonathan Roberts	<i>C. S. Lewis Minyan</i>
Mark Rossow	<i>Camping Ministry</i>
Mike Simmons	<i>Ushers</i>
Trish Stone	<i>All Threads Together</i>
Julie von Koschembahr	<i>The Saint John's Bible</i>

## **Volunteer Professionals**

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Margie Einstein	<i>Stewardship Coordinator</i>
Ed Emerson	<i>Treasurer</i>
Bill Forbes	<i>Buildings and Grounds</i>
Doug Oles	<i>Chancellor</i>
Thomas Foster	<i>Director of Music Emeritus</i>
Sherilyn Peterson	<i>Clerk of the Vestry</i>
Carole Terry	<i>Artist-in-Residence in Music</i>

## **Vestry**

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Doug Marshall - Senior Warden	
Lauren Wearsch - Junior Warden	
Julie von Koschembahr - Member-at-Large	
Vernon Barback	Brian Boyle
Andrea King	Judith Mayotte
Kelli Martin	Zach Miller
Warren Morrow	Alvin Moseberry
Eleanor Nelson	



***Wherever you are on your spiritual journey,  
you have a place at Epiphany.***