

EPIPHANY†

— *Seattle* —



THE FIFTH SUNDAY AFTER THE EPIPHANY

HOLY EUCHARIST

FEBRUARY 4, 2024 AT 11:00 AM

Dear Epiphany,

Have a Heart is upon us at last. You might have just heard about Have a Heart, have never attended this event, or haven't a clue what we're talking about, even if you've been at Epiphany for a while. Have a Heart raises money to care for Epiphany's neighbors, whether they live across the street or across an ocean. Have you seen the cards about Have a Heart in the pews? They can tell you more. We hope you can attend.

Here's what to expect this evening. At 5:30 PM in the Church, you'll view a short video of Epiphany's care for people in some of the most troubled parts of the world: Gaza. Haiti. Ukraine. Guatemala. Afterward, the Epiphany Choir will sing the solemn and beautiful service of Choral Evensong. We then invite you to the Great Hall for sumptuous food, complimentary beer and wine, and a convivial, happy space to be with friends. And we will ask you for money.

Money is a powerful force in a world in which our souls, mysteriously entangled in human bodies, must live and move and have our material being. Souls need those bodies and all their attendant ills and failings. How could we travel through this human experience without our mortal baggage?

Think of some of the most memorable miracles of Jesus. Healing the woman with the hemorrhage. The twelve lepers. The lame man lowered through the roof. The raising of Lazarus and Jairus' little daughter. Multiplying the loaves and fishes. Jesus preached and taught for the mind and spirit, but he did not hesitate to alleviate the suffering of a human body. (And since we're on Have a Heart, I should mention the wine he provided for that wedding party in Cana.)

Money can do things we can't do, go magically wired to places we can't go. It can purchase food and clean water and medical supplies. Provide warm clothing and shelter to refugees. Pay the salaries of teachers, doctors, nurses. Money gets things done that need doing.

But money does good things only if directed with love. You might have used this expression before: *Not for love nor money*. At Have a Heart, we ask you to do something *with love and money*. Let the powerful force of love direct the powerful force of money. Let your heart lead you to give to meet the human, material needs of people who can give you nothing materially in return, only their gratitude. Please come to Have a Heart. Invite your friends. Please give to Have a Heart.

People often ask if we set a fundraising target for this event. Our answer is never in dollars. Our goal is 100% parish participation. Under half (47%) of Epiphany households who made an annual pledge in 2023 gave to any outreach funding this past year. The number who gave specifically at Have a Heart is even less (34%). *What* you give is not our concern, only *that* you give. Giving signals your heart's desire to care for those who need our care. We hope your heart can be with us this evening.

A generous family will match gifts of first-time Have a Heart donors, up to \$10,000!

Gratefully,
Holly Boone
Chair, Epiphany Service & Outreach

*An induction loop is provided for the benefit of hearing aid users.
To use please switch your hearing aid to "T."*

THE GATHERING

*We invite you to help create the experience of silence before our service.
Our hope is to calm our hearts as we prepare to enter into an intensity of shared presence.
Thank you for turning off all electronic devices.*

VOLUNTARY: Fugue in d, Op. 59

Max Reger (1870-1916)

WELCOME AND ANNOUNCEMENTS

INTROIT Come, let us bow down and bend the knee
and kneel before the Lord our maker;
for he is the Lord our God.

Come let us sing to the Lord:
Let us shout for joy to the rock of our salvation:
Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.

At the sound of the bell, all rise as able.

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
 2 Un - rest - ing, un - hast - ing, and si - lent as light,
 3 To all life thou giv - est, to both great and small;
 4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
 nor want - ing, nor wast - ing, thou rul - est in might;
 in all life thou liv - est, the true life of all;
 thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
 thy jus - tice like moun - tains high soar - ing a - bove
 we blos - som and flour - ish, like leaves on the tree,
 all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.
 thy clouds, which are foun - tains of good - ness and love.
 then with - er and per - ish; but nought chan - geth thee.
 'tis on - ly the splen - dor of light hid - eth thee.

Words: Walter Chalmers Smith (1824-1908)
 Music: Welsh hymn, from *Caniadau y Cyssegr*, 1839

Presider Blessed be God: Father, Son, and Holy Spirit.
All And blessed be God's kingdom, now and for ever. Amen.

Presider Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Glo-ry be to God on high, and on earth peace, good will to all. We praise thee,
 we bless thee, we wor - ship thee, we glo - ri - fy thee, we give
 thanks to thee for thy great glo - ry, O Lord God, heav'n - ly King, God
 the Fa - ther Al - migh - - - ty.
 O Lord, the on - ly - be - got - ten Son, Je - sus Christ; O Lord God,
 Lamb of God, Son of the Fa - ther, that ta - kest a - way the sins of the
 world, have mer - cy up - on us. Thou that ta - kest a - way the sins of the
 world, re - ceive our prayer. Thou that sit - test at the right hand of
 God the Fa - ther, have mer - cy up - on us. For thou on - ly art
 ho - ly; thou on - ly art the Lord; thou on - ly, O Christ, with the
 Ho - ly Ghost, art most high in the glo - ry of God the
 Fa - ther. A - - - - - men.

Presider The Lord be with you.
All **And with thy spirit.**
Presider Let us pray.

THE COLLECT OF THE DAY *(said by all)*

All **Set us free, O God, from the bondage of our sins and give us, we beseech thee, the liberty of that abundant life which thou hast manifested to us in thy Son our Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. Amen.**

THE LITURGY OF THE WORD

All are seated.

THE LESSON: *Isaiah 40:21-31*

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One.

Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Lector The Word of the Lord.
All **Thanks be to God.**

The people remain seated.

PSALM 147: 1-11 *Laudate Dominum*

Chant by C. V. Stanford

Praise the Lord, for it is a good thing to sing praises unto our God *
yea, a joyful and pleasant thing it is to be thankful.

The Lord doth build up Jerusalem *
and gather together the out-casts of Israel.

He healeth those that are broken in heart *
and giveth medicine to heal their sickness.

He telleth the number of the stars *
and calleth them all by their names.

Great is our Lord, and great is his power *
yea, and his wisdom is infinite.

The Lord setteth up the meek *
and bringeth the ungodly down to the ground.

O sing unto the Lord with thanksgiving *
sing praises upon the harp unto our God;

Who covereth the heaven with clouds, and prepareth rain for the earth *
and maketh the grass to grow upon the mountains, and herb for the use of men;

Who giveth fodder unto the cattle *
and feedeth the young ravens that call upon him.

He hath no pleasure in the strength of an horse *
neither delighteth he in any man's legs.

But the Lord's delight is in them that fear him *
and put their trust in his mercy.

The people stand.

THE GOSPEL ACCLAMATION *The refrain is sung first by the Cantor, and then sung by all.*

REFRAIN



Richard Proulx, 1937–2010
Adapt. by Michael O'Connor, O.P.
Music © 2010, 2011, WLP

Verse: Christ took away our infirmities
and bore our diseases. **Refrain** (*sung by all*)

THE GOSPEL: Mark 1:29-39

Gospeler The Holy Gospel of our Lord Jesus Christ according to Mark.

All **Glory be to thee, O Lord.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeler The Gospel of the Lord.

All **Praise be to thee, O Christ.**

THE SERMON: The Reverend Doyt L. Conn, Jr.

Reflective silence and stillness are kept after the sermon.

The people stand as able and sing.

THE CREED

Grafton

1. We be - lieve in God the Fa - ther, God Al - migh - ty, by whose plan
2. Christ, who on the cross for - sak - en; he des - cend - ed to the dead,
3. We be - lieve in God the Spi - rit, in one church, be - low, a - bove:

earth and heav - en sprang to be - ing, all cre - a - ted things be - gan,
We be - lieve in Je - sus ri - sen, heav - en's King to rule and reign,
saints of God in one com - mun - ion, one in ho - li - ness and love.

We be - lieve in Christ the Sa - vior, Son of God in hu - man form.
to the Fa - ther's side as - cend - ed till as judge he comes a - gain.
We shall rise with Christ in glo - ry to the life that knows no end.

Words: adapt. Zachary Hemenway (b.1983)
Music: melody from *Chants ordinaires de l'Office Divin*, 1881

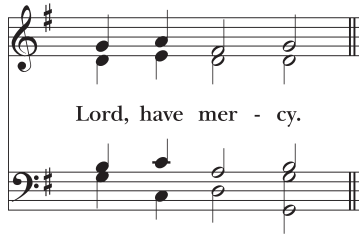
The people remain standing or kneel.

THE PRAYERS OF THE PEOPLE

Intercessor Let us pray to the God of compassion who heals the broken and binds up their wounds.

Cantor Let us pray to the Lord.

Sung by all at the conclusion of each petition.



Setting: Copyright © Church Publishing Inc.

Intercessor Guide our leaders as they walk beside us, supporting us in our journey of faith. We pray for Michael, our Presiding Bishop, Melissa, our Bishop Provisional, our priests, and all who minister in your holy church.... *(silence is kept)*

Cantor Let us pray to the Lord.

All **Lord, have mercy.**

Intercessor Give those in authority an imagination and determination for peace between peoples, plenty for all, and justice for everyone, even those who are forgotten. We pray this morning especially for peace in Ukraine and in Israel/Palestine *(silence is kept)*

Cantor Let us pray to the Lord.

All **Lord, have mercy.**

Intercessor Lead us to a place of wholeness and make each of us an agent of healing in the world. We pray for Steve, Justin, William, Constance, Peggy, Ann, Piper, Ivan, Pamela, Dawn, David, Mary Jane, Brook, Lisa, Joel, Michael, Bill, Joanna, John, Amber, and Cheryl. for those close to us, for those who have asked for our prayers today, and for those we now name silently or aloud.... *(silence is kept)*

Cantor Let us pray to the Lord.

All **Lord, have mercy.**

Intercessor We pray for those who are born today as well as those who are being welcomed home to your eternal kingdom, especially Tom Foster, May your will for all your children be fulfilled here on earth and in the life to come.... *(silence is kept)*

Cantor Let us pray to the Lord.

All **Lord, have mercy.**

The Presider offers a concluding Collect.

Presider God, who cures the sick and raises the dead to life, hear our fervent prayers and enable us to proclaim your gospel; through Jesus Christ our Lord. **Amen.**

The Presider continues

CONFESSION OF SIN

Presider Let us humbly confess our sins unto Almighty God.

The people kneel as able.

Silence may be kept.

All Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The people stand.

THE PEACE

Presider The peace of the Lord be always with you.

All And with thy spirit.

The ministers and people greet one another in the name of Christ.

THE LITURGY OF THE TABLE

OFFERTORY SENTENCE

Presider Ascribe to the Lord the honor due his Name; bring offerings and come into his courts.



The offertory is the time during the service when we give offerings to God, acknowledging that all we have comes from God. The choir offers their gift of music, and this is our opportunity to offer thanks to God through a monetary gift to support the ministries of Epiphany. Active Epiphany parishioners make an annual pledge commitment toward the vitality of our ministries. In some cases pledging parishioners also make a financial contribution at the offertory. Money placed in the hunger basket at Communion supports our outreach ministry of feeding those in need. You may use the QR code, either during the anthem or later at your convenience, or place your offering in the offering plate as it is passed.

Jesu, the very thought of thee
 With sweetness fills my breast;
 But sweeter far thy face to see,
 And in thy presence rest.

Nor voice can sing, nor heart can frame,
 Nor can the memory find,
 A sweeter sound than thy blest name,
 O Saviour of mankind!

O hope of every contrite heart,
 O joy of all the meek,
 To those who fall, how kind thou art!
 How good to those who seek!

But what to those who find? Ah! this
 Nor tongue nor pen can show;
 The love of Jesus! what it is,
 None but his loved ones know.

Jesu, our only joy be thou,
 As thou our prize wilt be;
 Jesu, be thou our glory now,
 And through eternity.

(Sung in Latin)

The people stand as the thurifer comes to the top of the chancel steps. The thurifer bows to the people and the people bow to the thurifer. The thurifer censens the people, and then all bow again.

The people remain standing.

EUCCHARISTIC PRAYER II

The musical notation consists of four lines, each with a treble clef and a key signature of one flat (Bb). The lyrics are as follows:

- Line 1:** Celebrant: The Lord be with you. People: And with thy spi - rit.
- Line 2:** Celebrant: Lift up your hearts. People: We lift them up un - to the Lord.
- Line 3:** Celebrant: Let us give thanks un - to our Lord God.
- Line 4:** People: It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy, almighty, everlasting God, because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and singing:

SANCTUS *sung by all*

Willan

Ho - ly, ho - ly, ho - ly, Lord God of
 Hosts: Hea - ven and earth are full of thy glo - ry. Glo -
 - ry be to thee, O Lord Most High. Bless - ed is he that com - eth -
 in the name of the Lord. Ho - san - na in the high - est.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for all, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his life, blessed passion, and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

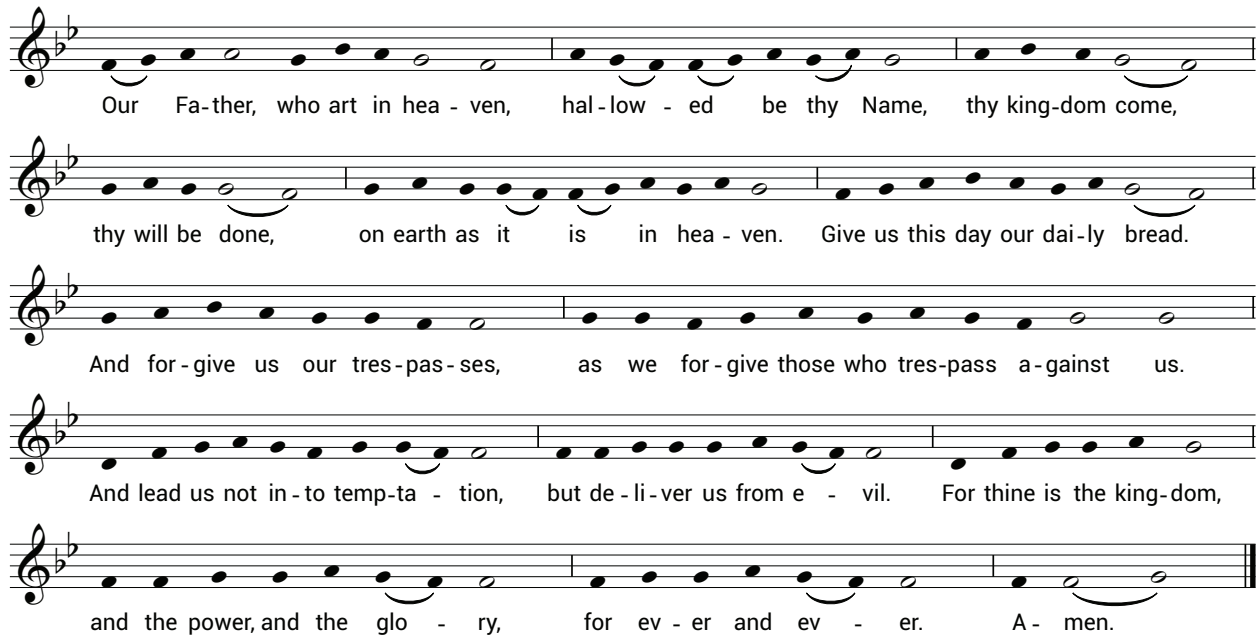
And we most humbly beseech thee, O merciful God, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O God Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to pray,

THE LORD'S PRAYER *sung by all*



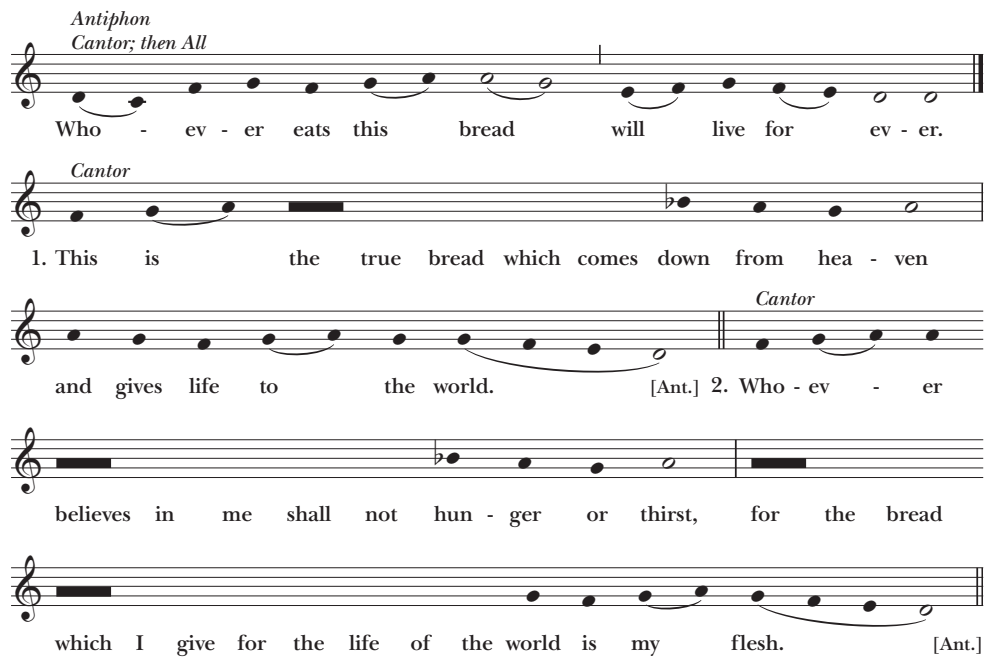
Our Fa-ther, who art in hea - ven, hal - low - ed be thy Name, thy king-dom come,
thy will be done, on earth as it is in hea - ven. Give us this day our dai-ly bread.
And for - give us our tres - pas - ses, as we for - give those who tres - pass a - gainst us.
And lead us not in - to temp - ta - tion, but de - li - ver us from e - vil. For thine is the king - dom,
and the power, and the glo - ry, for ev - er and ev - er. A - men.

BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.

FRACTION ANTHEM: *Whoever eats this bread*

Mason Martens



Antiphon
Cantor; then All
Who - ev - er eats this bread will live for ev - er.

Cantor
1. This is the true bread which comes down from hea - ven
and gives life to the world. [Ant.] 2. Who - ev - er
believes in me shall not hun - ger or thirst, for the bread
which I give for the life of the world is my flesh. [Ant.]

THE INVITATION TO COMMUNION

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are invited to receive the Holy Communion. It is your choice as to whether you receive Holy Communion or a blessing. You may receive Communion or a blessing at the standing station in the front of the nave or proceed to the altar rail. The bread will be placed in your palm. You may consume the bread and then drink from the chalice (please grasp the bottom of the chalice firmly and guide it to your lips); or, you may leave the bread in your palm for the chalice bearer to dip it into the wine and place it on your tongue. Self-intinction is strongly discouraged by the Episcopal church. The people's response to receiving the bread and the wine is "Amen." Gluten-free wafers are available. To indicate to the Eucharistic minister that you would like a gluten-free wafer, please present your hands palms down. Those who do not wish to receive Communion are invited to come forward for a blessing, indicated by crossing your arms over your chest.

MUSIC AT COMMUNION

Communion Proper

Many who languished and were troubled with unclean spirits came to Jesus: for power went forth from him, and healed them all

ANTHEM: When to the temple Mary went

Johann Eccard (1553-1611)

When to the temple Mary went,
And brought the Holy Child,
Him did the aged Simeon see,
As it had been revealed.
He took up Jesus in his arms
And blessing God he said:
In peace I now depart, my Saviour having seen,
The Hope of Israel, the Light of men.

Help now thy servants, gracious Lord, that we may ever be
As once the faithful Simeon was,
Rejoicing but in Thee;
And when we must from earth departure take,
May gently fall asleep and with Thee wake.

The people stand as able.

POSTCOMMUNION PRAYER

Presider Let us pray.

All Eternal God, heavenly Father, who hast graciously accepted us as living members of thy Son Jesus Christ our Lord, and fed us with spiritual food in the Sacrament of his Body and Blood: Send us now into the world in peace, and grant us strength and courage to love and serve thee with gladness and singleness of heart; through the same Christ our Lord. Amen.

THE BLESSING

Presider May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

HYMN 411: O bless the Lord, my soul

St. Thomas

1 O bless the Lord, my soul! His grace to thee pro - claim!
2 O bless the Lord, my soul! His mer - cies bear in mind!
3 He will not al - ways chide; he will with pa - tience wait;
4 He par - dons all thy sins, pro - longs thy fee - ble breath;
5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
2 For - get not all his ben - e - fits! The Lord to thee is kind.
3 his wrath is ev - er slow to rise and rea - dy to a - bate.
4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
whose grace hath made thee whole,
whose loving-kindness crowns thy days:
O bless the Lord, my soul!

Words: James Montgomery (1771-1854)
Music: melody Aaron Williams (1731-76)

DISMISSAL

Minister Let us bless the Lord.

All Thanks be to God.

After the procession has led the way out of the church, we invite you to remain for the Voluntary or depart quietly.

VOLUNTARY: Final

Louis Vierne (1870-1937)

Music reprinted by permission, OneLicence #A-706859

Offerings at Epiphany

Adult Formation | Sundays (except First Sundays, when there is a brunch) | 10:00 am | Great Hall

Join others for an hour of learning. Topics vary each week from spiritual formation, human interest, current affairs, and more.

Choral Evensong | Sundays | 5:30–6:30 pm | Church and YouTube

Sung at the close of day in cathedrals and churches throughout the world, Choral Evensong is a service of Evening Prayer, derived from the ancient offices of Vespers and Compline. The choir sings the traditional evening prayers of the church that have been offered for centuries, while the congregation listens, joins in the hymns, and adds their own prayers to those of the choir

C. S. Lewis Minyan | Thursdays | 8:40–9:40 am | Christie House Library and Zoom

Jonathan Roberts

The C. S. Lewis minyan is reading *The Lion, the Witch, and the Wardrobe*. This minyan meets in person and online. If you would like to be on the email distribution list and receive notes each week or you would like the Zoom link please email Jonathan Roberts at Jonro@rprime.com.

All Threads Together | Thursdays | 10:00–noon | Christie House Library

Bring your latest needle craft project to our weekly meetings of fellowship and fun. We work on individual projects as well as prayer shawls and hats for local ministries. All are welcome!

Zoom Bible Study | Thursdays | 11:00–noon | Zoom

Join other parishioners from Epiphany and parishioners from St. John's in Essex, Connecticut, for a Zoom-only study class on the Bible. This class will look in depth at some of the stories from the previous week's reading from the *Year in the Bible*. Please contact Lisa Ozaeta at lisa@epiphanyseattle.org for information and the Zoom link.

Bible Study | Fridays | 10:30–11:30 am | Great Hall and Zoom

The Rev. Doyt Conn, Jr.

The Bible is the core document that defines the framework in which followers of Jesus live. And so, this class is not just about becoming familiar with the Bible, it is about unpacking it and pulling it apart and seeking out links and allusions and associations between different parts of the Bible. This Bible study is a journey into words and meaning and characters and the context behind them. We will be looking at stories that align with our *Year in the Bible* readings. Come be part of this biblical quest of Christian meaning, understanding, and relevance with the Rev. Doyt Conn. All are welcome. Contact Diane Carlisle at dcarlisle@epiphanyseattle.org for information and the Zoom link.

Shrove Tuesday | Tuesday | February 13 | 5:30-7:30 pm | Great Hall

On Shrove Tuesday, the day before Ash Wednesday, join us in the Great Hall to enjoy some pancakes and bacon before Lent! Hosted by the Men's Breakfast Group, this tradition reflects the old practice of using up all the eggs, butter, milk, and meat in the pantry before the Lenten fast begins. All are welcome! If you have any questions please reach out to Amanda at amanda@epiphanyseattle.org.

Ash Wednesday | Wednesday | February 14 | 7:00 am - Chapel | 1:00 pm - Parkshore (Lakeview Room) | 7:30 pm - Church

On this day, the beginning of Lent, we are marked with the sign of the cross on our foreheads to remember our humanity, as we hear the words, "Remember that you are dust and to dust you will return." This is a service of Holy Eucharist. *Epiphany Choir sings at the evening service*. Following each service you will have the opportunity to take part in the Sacrament of Reconciliation (private confession). This is one of two days set aside in the Episcopal Church for private confession and fasting.

YEAR OF THE BIBBLE

Readings for the Week of February 4–February 10

2/4	Job Psalm 142	29-31
2/5	Job Psalm 143	32-34
2/6	Job Psalm 144	35-37
2/7	Job Psalm 145	38-39
2/8	Job Psalm 146	40-42
2/9	Proverbs Psalm 147	1-2
2/10	Proverbs Psalm 148	3-4

PARISH PRAYER LIST

WE PRAY FOR THOSE WHOSE BIRTHDAYS FALL BETWEEN FEBRUARY 4 AND FEBRUARY 10

Doug Grady, Ben Bradstreet, Matt Rosewarne, Dawn Friend, Jacqueline True, Zach Miller,
Cedar Hawking, Abigail Potts, Susan Pitchford, Desmond Conn

WE PRAY FOR THOSE ON THE DIOCESAN

CYCLE OF PRAYER

Ascension, Seattle

Epiphany Seattle

St. Clement of Rome, Seattle

WE PRAY FOR THOSE IN OUR PARISH WHO ARE ILL OR GRIEVING

Cheryl Morgan, Eileen Riley, The Osterlind Family, Steve, Lynn Manley,
Alice Foreman, Thomas, John Kirkpatrick, Barbara Lock, Amber Gregory,
Dennis Hogan, Jessica Khan, Arthur Sullivan, Linda Baker, Bill Hess, Jane Hess,
Jeremy Bacon, Janet Salisbury, Norma Lorenzana, Janet Hoehne, Bill Ingham, Cooper Sayer,
Kathleen Balducci, Lisa Robertson, Ava Hall, Mary Magee, Ruth Hurt, John,
Marjorie Bunday, Joanna Reams, Lex Lindsey, Tate Mason, Don Mullins,
The Most Reverend Michael Curry, Mary Jo, Kris, Fr. Michael, Faye, Bill Grayson, Brook Berry,
Joel Connelly, William Carlisle, Mary Jane Anderson, Ivan Jacobson, Pamela,
Piper Simmons, Dawn, David Ferguson, Constance Albrecht,
Peggy Wilton, Ann Beck, Justin, Steve Faust

WE PRAY FOR THOSE WHO HAVE DIED

David Lee, Janice Rochester, Kenneth Roberts, Thomas Foster

Are you or a loved one in need of some extra, tender loving care? Pastoral Care Ministries at Epiphany can reach out through a written prayer, a Eucharistic visit, a phone call, a greeting card, a bouquet of Epiphany flowers, a prayer shawl, and/or a meal delivered. Please contact Diane Carlisle at dcarlisle@epiphanyseattle.org



Choral Evensong & Have a Heart

Epiphany's annual outreach fundraiser

SUNDAY, FEBRUARY 4, 5:30 PM



Epiphany's presence in a wounded world

The Service & Outreach Team invites you to the Church at 5:30 PM for a short video program followed by the beautiful Evensong service. Then join us in the Great Hall for a festive reception. *No need to register or RSVP.*

EPIPHANY†
— Seattle —

SUPER BOWL PARTY

SUNDAY, FEBRUARY 11
PARTY STARTS AT 3:00 PM

EPIPHANY SEATTLE IN THE GREAT HALL

A "wide screen, surround sound, food, chips, beers-and-soda" kind of party with your favorite people and community. This will also be a potluck, so please plan to bring something to share!

ALL ARE WELCOME

Please reach out to amanda@epiphanyseattle.org
if you have any questions.

Parish Staff

The Rev. Doyt L. Conn, Jr.	<i>Rector</i>
Jad Baaklini	<i>Director of Communications</i>
Karen Berry	<i>Parish Administrator</i>
The Rev. Lex Breckinridge	<i>Assisting Priest</i>
Diane Carlisle	<i>Exec. Assistant to the Rector and Director of Worship</i>
Pam Demian	<i>Business Administrator</i>
Amanda Eap	<i>Parish Life Minister</i>
Bryan Fiehler	<i>Audio Visual Minister</i>
John Garlid	<i>Music Administrator</i>
Zachary Hemenway	<i>Director of Music</i>
Dani Lugotoff	<i>Campus Care Manager</i>
The Rev. Lisa Ozaeta	<i>Associate Rector</i>
Julian Petrallia	<i>Assistant Director of Music</i>
Gieth Phou	<i>Sexton</i>
Laura Rodde	<i>Chief of Staff</i>
Laura Sargent	<i>Music Department Coordinator</i>
The Rev. Pam Tinsley	<i>Associate Priest</i>

Volunteer Ministry Leaders

Ann Beck	<i>YWCA Cleanup & Teen Feed</i>
	<i>Chaplain Mirabella</i>
Diana Bender	<i>Discernment</i>
Susan Bisyak	<i>Altar Guild</i>
Holly Boone	<i>Service & Outreach</i>
Terry Carlisle	<i>Operation Nightwatch</i>
Phil Carter	<i>Ushers</i>
Jenny Cummins	<i>Tiny Homes</i>
Karen Forbes	<i>Women's Retreat Group</i>
Alice Foreman	<i>Flower Ministry</i>
Michael Fraas	<i>Chaplain Parkshore</i>
Sherman Griffin	<i>Music at Epiphany</i>
Clip Kniffin	<i>Men's Ministry</i>
Pete Melin	<i>Tiny Homes</i>
Bethany Miller	<i>Chaplain Washington Park Tower</i>
Robin Mondares	<i>Chaplain Aegis</i>
Nancy Morrow	<i>Parkshore Ministry</i>
Laurel Nesholm	<i>Art Guild</i>
Elizabeth Roberts	<i>Women's Retreat Group</i>
Jonathan Roberts	<i>C. S. Lewis Minyan</i>
Lorelle Shearer	<i>Meals Ministry</i>
Trish Stone	<i>All Threads Together</i>

To find out more about all of our ministries go to epiphanyseattle.org/engage.

Volunteer Professionals

Bill Forbes	<i>Buildings and Grounds</i>
Doug Marshall	<i>Treasurer</i>
Mary McGuire	<i>Children's Sermon</i>
Doug Oles	<i>Chancellor</i>
Susan Pitchford	<i>Off-site Anchorite</i>

Vestry

Dwayne Shearer - Senior Warden	
Lee Anderson-Brooke	George Brumder
Barbara Cairns	John Cary
Mary Kimball	Ron Lee
Jodi Markus	Barb Marshall
Wendy Sefcik	Lesa Sroufe
Alec Williamson	

Serving this day

Rector The Reverend Doyt L. Conn, Jr.
Associate Rector The Reverend Lisa Ozaeta
Associate Priest The Reverend Pam Tinsley
Director of Worship Diane Carlisle
Director of Music Zachary Hemenway
Assistant Director of Music Julian Petrallia
Epiphany Choir
Lector Sophie Hager Hume
Crucifer Nico Balducci
Eucharistic Minister Vince Booth
Verger Tom Rohm
Ushers Dawn Friend, Wendy Sefcik
Parish Life Minister Amanda Eap
Flowers Sandra Darling
Altar Guild Dawn Friend