# EPIPHANY†



# THE SECOND SUNDAY AFTER PENTECOST

HOLY EUCHARIST June 2, 2024 at 8:45 am Dear Epiphany,

Over the last month, we have said this prayer together each week:

For Clara, Gracie, Fisher, Madeline, Mathias, Miles, and Vivi who are preparing for their First Informed Communion, let us pray to the Lord.

And, now, today is the day of their actual First Informed Communion! But, let's back up a second, because you may have wondered, what is First Informed Communion??

As you may know, in the Episcopal Church, Baptism and Confirmation are the two major rites of passage offered to children and youth. Other traditions include a first communion experience as well. Of course as Episcopalians we have an open table, and children may receive communion at any age. But now is the time fourth and fifth graders are typically beginning to wonder in the back of their minds "What does it really mean"? What are all those things they do up there to prepare the table for us?"

They are at a point in their development where we see that they are engaging in conversations in a way that is different from when they are younger, and they can spend time in reflection that is unique to this stage of their lives. We honor that developmental stage here at Epiphany with a First Informed Communion- a rite of passage which reflects their developmental stage and helps them take communion with greater understanding and meaning.

Since before Easter, Lara Haberman and I have been walking with these seven 4th and 5th graders as they have been studying the Eucharist carefully and engaging in remarkably thoughtful conversations about what it all means. (And we've also managed to play some too!) We've had visits from the Altar Guild, from our Deacon, Lisa, and from Doyt. We spent most of the day yesterday on a spiritual retreat, thinking together about the parable of the True Vine (where Jesus asks us to abide with him) and learning more about the Book of Common Prayer. They led their families in an Evening Prayer service.

They have each chosen to take this step. And now, today, as they have decided to embrace the Holy Eucharist, we embrace them as a community in a rite of passage which honors their effort.

It has been a true privilege and a joy to teach and walk with these children. I'm so proud of how seriously they have each engaged in this important step on their spiritual journey!

Diana Bender Ministry Leader of Discernment

## THE GATHERING

We invite you to help create the experience of silence before our service. Our hope is to calm our hearts as we prepare to enter into an intensity of shared presence. Thank you for turning off all electronic devices.

#### **VOLUNTARY**

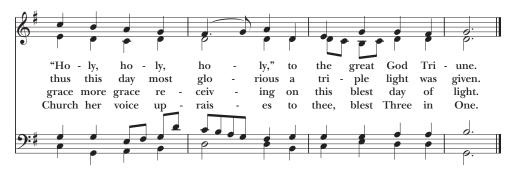
#### WELCOME AND ANNOUNCEMENTS

At the sound of the bell, all rise as able.

#### **HYMN 48: O day of radiant gladness**

Es flog ein kleins Waldvögelein





Words: Sts. 1-2, Christopher Wordsworth (1807-35), st. 3, Charles P. Price (1920-99); st. 4, ver. *Hymnal 1982 Music*: German folk song

Presider Blessed be God: Father, Son, and Holy Spirit.

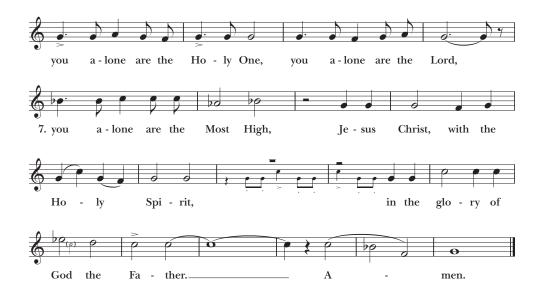
All And blessed be God's kingdom, now and for ever. Amen.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.** 

#### **SONG OF PRAISE** sung by all

William Mathias





Presider The Lord be with you.

All And also with you.

Presider Let us pray.

#### THE COLLECT OF THE DAY

ΑII

O God, your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat you, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

## THE LITURGY OF THE WORD

The children depart for

#### **CHILDREN'S SERMON**

All who would like to hear the children's sermon, please proceed to the Great Hall. You will return to the church at the Peace for the celebration of the Holy Eucharist.

All are seated.

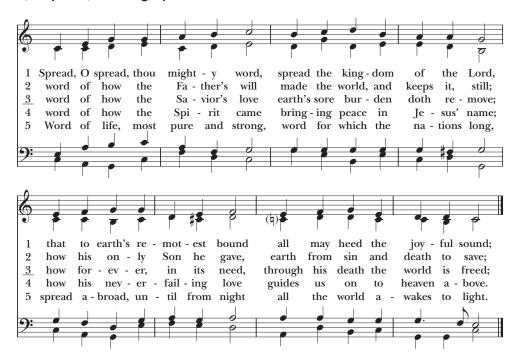
#### THE LESSON: 2 Corinthians 4:5-12

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your servants for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

Lector The Word of the Lord.

All Thanks be to God



Words: Jonathan Friedrich Bahnmaier (1774-1841); St. 4, F. Bland Tucker (1895-1984)

Music: melody from Geistreiches Gesangbuch, 1704

The people remain standing. **THE GOSPEL:** Mark 2:23-3:6

Gospeler The Holy Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, Lord Christ.

One sabbath Jesus and his disciples were going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to Jesus, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then Jesus said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath."

Again he entered the synagogue, and a man was there who had a withered hand. They watched Jesus to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. Jesus looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against Jesus, how to destroy him.

Gospeler The Gospel of the Lord.

All Praise to you, Lord Christ.

THE SERMON: The Reverend Doyt L. Conn, Jr.

| Sermon notes: |  |  |
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Reflective silence and stillness are kept after the sermon.

The people stand to say

#### THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

The intercessor and people pray responsively.

Intercessor This is the day the Lord made. As we rejoice in the resurrection of Christ, let us offer prayers for all those in every need.

The people remain standing or kneel.

Intercessor For Michael, our presiding bishop, Melissa, our bishop provisional, Phil, our bishop elect, and for all who

minister in Christ, and for all the holy people of God, let us pray to the Lord.

All Glory and praise to you, O living God.

Intercessor For all believers who put their trust in the incarnate Son of God, let us pray to the Lord,

All Glory and praise to you, O living God.

Intercessor For the leaders of the nations and all in authority, and for peace and justice, let us pray to the Lord.

All Glory and praise to you, O living God.

Intercessor For all who struggle to establish greater peace upon earth, especially those who serve in the military, those

on missions of hope and mercy, and their families, let us pray to the Lord.

All Glory and praise to you, O living God.

Intercessor For Clara, Gracie, Fisher, Madeline, Mathias, Miles, and Vivi, who are participating in their First Informed

Communion, let us pray to the Lord.

All Glory and praise to you, O living God.

Intercessor For the sick and the suffering, especially Janet, Anita, Bill, Lisa, Susan, Missy, Anne, Thurston, John, Amber,

and Cheryl, for the hungry and the oppressed, and for the dying and the dead, let us pray to the Lord.

All Glory and praise to you, O living God.

Intercessor For those on our hearts, offering intercession and solace, comfort and healing, praise and thanksgiving, for

those we now name silently or aloud.

The people may add their own petitions.

Intercessor Lord, let your loving-kindness be upon them;

All Who put their trust in you.

The Presider offers a concluding Collect.

Gracious God, from whom all good things flow, we thank you, and we praise you. Hear our prayers and bring us hope through Christ your Son, who celebrates life with you in the unity of the Holy Spirit, now and forever.

Amen.

The Presider continues

#### THE CONFESSION OF SIN

Presider We pray also for the forgiveness of our sins.

The people kneel. A moment of reflective silence is kept.

Said by all

All Most merciful God,

we confess that we have sinned against you

in thought, word, and deed, by what we have done,

and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all

goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

The people stand.

#### THE PEACE

Presider The peace of the Lord be always with you.

All And also with you.

The ministers and people greet one another in the name of Christ.

#### BLESSING OF THOSE PARTICIPATING IN THEIR FIRST INFORMED COMMUNION

### THE LITURGY OF THE TABLE

#### **OFFERTORY SENTENCE**

Presider This is the day the Lord has made. Let us rejoice and be glad in it.



The offertory is the time during the service when we give offerings to God, acknowledging that all we have comes from God. The choir offers their gift of music, and this is our opportunity to offer thanks to God through a monetary gift to support the ministries of Epiphany. Active Epiphany parishioners make an annual pledge commitment toward the vitality of our ministries. In some cases pledging parishioners also make a financial contribution at the offertory. Money placed in the hunger basket at Communion supports our outreach ministry of feeding those in need. You may use the QR code, either during the anthem or later at your convenience, or place your offering in the offering plate as it is passed.

#### OFFERTORY ANTHEM: If God be for us

George Frederic Handel (1685-1759)

If God be for us who can be against us?
Who shall lay any thing to the charge of God's elect?
It is God that justifieth.
Who is he that condemneth?
It is Christ that died, yea rather, that is risen again, who is at the right hand of God, who makes intercession for us.

#### **EUCHARISTIC PRAYER A**

Presider The Lord be with you.

All And also with you.

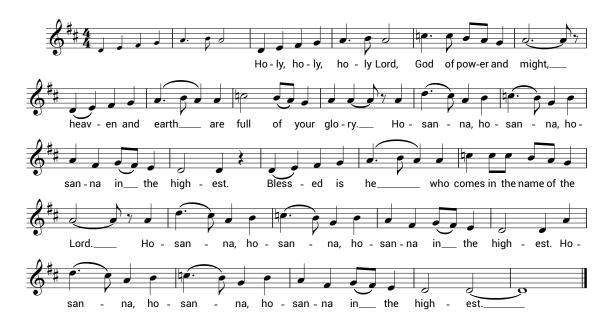
Presider Lift up your hearts.

All We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



The people stand or kneel. Then the Presider continues.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

#### Presider and people

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

#### Presider and people

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

#### Presider

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.** 

And now, as our Savior Christ has taught us, we are bold to pray,

#### THE LORD'S PRAYER said by all

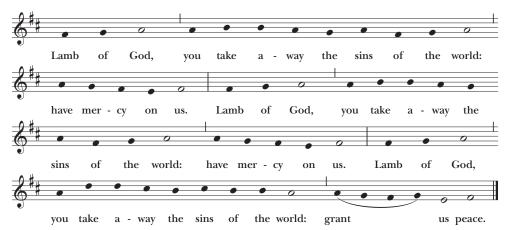
Our Father, who art in heaven, hallowed be thy Name. thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### **BREAKING OF THE BREAD**

The Presider breaks the consecrated Bread. A period of silence is kept.

#### FRACTION ANTHEM: Lamb of God

David Hurd New Plainsong Mass



#### THE INVITATION TO COMMUNION

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are invited to receive the Holy Communion. It is your choice as to whether you receive Holy Communion or a blessing. You may receive Communion or a blessing at the standing station in the front of the nave or proceed to the altar rail. The bread will be placed in your palm. You may consume the bread and then drink from the chalice (please grasp the bottom of the chalice firmly and guide it to your lips); or, you may leave the bread in your palm for the chalice bearer to dip it into the wine and place it on your tongue. Self-intinction is strongly discouraged by the Episcopal church. The people's response to receiving the bread and the wine is "Amen." Gluten-free wafers are available. To indicate to the Eucharistic minister that you would like a gluten-free wafer, please present your hands palms down. Those who do not wish to receive Communion are invited to come forward for a blessing, indicated by crossing your arms over your chest.

O ineffable mystery! O admirable sacrament of love!

O prodigy of goodness! O miracle of faithfulness!

Here is the living bread of life. Here is food of the soul.

There flesh bestows seed of grace,

There blood gives proof of glory.

O love, O faithfulness,

O joyousness of the feast,

O felicity of the feasters!

(Sung in Latin)

The people stand as able.

#### **POSTCOMMUNION PRAYER**

Presider

Let us pray.

ΑII

Almighty God, whose Son is the light of the world, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. May your people, illumined by your word and sacraments, shine with the radiance of his glory, that he may be known, worshiped, and obeyed to the ends of the earth; for he is alive and reigns, now and for ever. Amen.

#### THE BLESSING

Presider

May God bless you and keep you. May God's face shine upon you, and be gracious to you. May God's countenance be upon you, and give you peace. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.** 

#### HYMN 376: Joyful, joyful, we adore thee

Hymn to Joy





#### **DISMISSAL**

Minister Go in peace to love and serve the Lord.

All Thanks be to God.

After the procession has led the way out of the church, we invite you to remain for the Voluntary or depart quietly.

#### **VOLUNTARY**

Music reprinted by permission, OneLicence #A-706859

# Tiny home build | Saturday, June 8 | 9:00-3:00 pm



jennycummins@gmail.com.

Epiphany is building Tiny Homes at The Hope Factory in SODO. The main function of a tiny home is to get a homeless person off the streets and into a space that is warm, safe, dry and healthy. It is a proven system with a track record of great results. High School Youth are encouraged to attend. The minimum age to volunteer is 16 (please, no exceptions.) Please reach out to Jenny Cummins at

#### Serving this day

Rector The Reverend Doyt L. Conn, Jr.

Assisting Priest The Reverend Pam Tinsley

Director of Worship Diane Carlisle

Director of Music Zachary Hemenway

Soloist Jenny Spence

Eucharistic Ministers Diana Bender, Sabrina Reyes, John Robinson

Lector Miles Ewing

Ushers Scott Davies, John Friedman, Dwayne Shearer, Lorelle Shearer

Parish Life Minister Amanda Eap

Altar Flowers Bobbie Spaeth

Altar Guild K Robinson

# PARISH PRAYER LIST WE PRAY FOR THOSE WHOSE BIRTHDAYS FALL BETWEEN JUNE 2 AND JUNE 8

Henry Nielsen, Olivia Williamson, Aurelia Oles, Doug Marshall, Brandon Taylor, Pam Tinsley, Dinny Polson, Peter Albro, Ivy Zhou, Aashish Dhamdhere, Dabney Youtz, Don Glad, Anne Moldrem, Emily Hilton

# WE PRAY FOR THOSE ON THE DIOCESAN CYCLE OF PRAYER

St. Aiden's, Camano Island Transfiguration, Darrington

#### WE PRAY FOR THOSE IN OUR PARISH WHO ARE ILL OR GRIEVING

Cheryl Morgan, Eileen Riley, The Osterlind Family, Lynn Manley,
Alice Foreman, John Kirkpatrick, Barbara Lock, Amber Gregory,
Dennis Hogan, Jessica Khan, Jeremy Bacon, Janet Salisbury,
Kathleen Balducci, John, Joanna Reams, Thurston Roach,
Briggs Tinsley, Margo D., Vincent, Bill Kreager,
Anne Moldrem, Susan Snyder, Missy Ross, Lisa Dilling,
Anita Stein, Janet Bolin

#### WE PRAY FOR THOSE WHO HAVE DIED

Tim Petersen, Doug Tewes

Are you or a loved one in need of some extra, tender loving care? Pastoral Care Ministries at Epiphany can reach out through a written prayer, a Eucharistic visit, a phone call, a greeting card, a bouquet of Epiphany flowers, a prayer shawl, and/or a meal delivered. Please contact Diane Carlisle at dcarlisle@epiphanyseattle.org

#### Weekly Offerings at Epiphany

#### Coffee Hour | Sundays | 10:00 am | Fireside Room

If you are not participating in Relata RBT, please join other parishioners and guests in the Fireside Room for refreshments and fellowship.

#### Choral Evensong | Sundays | 5:30-6:30 pm | Church and YouTube

Sung at the close of day in cathedrals and churches throughout the world, Choral Evensong is a service of Evening Prayer, derived from the ancient offices of Vespers and Compline. The choir sings the traditional evening prayers of the church that have been offered for centuries, while the congregation listens, joins in the hymns, and adds their own prayers to those of the choir.

#### Chapel Open | Monday through Friday | 9:00 am-4:00 pm | Chapel

The chapel as a place for prayer is open during the week. Come by and sit in this sacred space. Occasionally the chapel will be closed for other events; during these times we will open the church.

# C. S. Lewis Minyan | Thursdays | 8:40-9:40 am | Christie House Library and Zoom

Jonathan Roberts

This minyan meets in person and online. If you would like to be on the email distribution list and receive notes each week or you would like the Zoom link please email Jonathan Roberts at **Jonro@rprime.com**.

#### All Threads Together | Thursdays | 10:00—noon | Christie House Library

Bring your latest needle craft project to our weekly meetings of fellowship and fun. We work on individual projects as well as prayer shawls and hats for local ministries. All are welcome!

#### Zoom Bible Study | Thursdays | 11:00—noon | Zoom

Join other parishioners from Epiphany and parishioners from St. John's in Essex, Connecticut, for a Zoom-only study class on the Bible. This class will look in depth at some of the stories from the previous week's reading from the Year in the Bible. Please contact Lisa Ozaeta at *lisa@epiphanyseattle.org* for information and the Zoom link.

# Bible Study | Fridays | 10:30—11:30 am | Christie House Library and Zoom

The Rev. Doyt Conn, Jr.

The Bible is the core document that defines the framework in which followers of Jesus live. And so, this class is not just about becoming familiar with the Bible, it is about unpacking it and pulling it apart, and seeking out links and allusions and associations between different parts of the Bible. This Bible study is a journey into words and meaning and characters, and the context behind them. We do not rush things in this class, and furthermore, because of the slow pace and our theological orientation, you can drop in and quickly find your way, even if you haven't been attending the class. Come be part of this biblical quest of Christian meaning, understanding, and relevance with the Rev. Doyt Conn. All are welcome. Contact Diane Carlisle at **verger@epiphany-seattle.org** for information and the Zoom link. *Rector's Bible Study is on hiatus until Fall 2024*.

#### Parish Staff

The Rev. Doyt L. Conn, Jr. Jad Baaklini Karen Berry The Rev. Lex Breckinridge Diane Carlisle

Pam Demian
Amanda Eap
Bryan Fiehler
John Garlid
Zachary Hemenway
Dani Lugotoff
The Rev. Lisa Ozaeta
Julian Petrallia
Gieth Phou
Laura Rodde
Laura Sargent
The Rev. Pam Tinsley

Rector

Director of Communications
Parish Administrator
Assisting Priest
Exec. Assistant to the Rector
and Director of Worship
Business Administrator
Parish Life Minister
Audio Visual Minister
Music Administrator
Director of Music
Campus Care Manager
Associate Rector
Assistant Director of Music

Sexton Chief of Staff

Music Department Coordinator Associate Priest

Diana Bender

Susan Bisyak Holly Boone Terry Carlisle Phil Carter

Ann Beck

**Volunteer Ministry Leaders** 

Jenny Cummins Karen Forbes

Alice Foreman Michael Fraas Sherman Griffin Clip Kniffin Pete Melin

Bethany Miller

Robin Mondares Nancy Morrow Laurel Nesholm Elizabeth Roberts Jonathan Roberts Lorelle Shearer

Trish Stone

YWCA Cleanup & Teen Feed

Chaplain Mirabella Discernment Altar Guild

Service & Outreach Operation Nightwatch

Ushers Tiny Homes Women's Reti

Women's Retreat Group Flower Ministry Chaplain Parkshore Music at Epiphany Men's Ministry Tiny Homes

Chaplain Washington Park

Tower

Chaplain Skyline Parkshore Ministry

Art Guild

Women's Retreat Group C. S. Lewis Minyan Meals Ministry All Threads Together

To find out more about all of our ministries go to **epiphanyseattle.org/engage**.

#### **Volunteer Professionals**

Bill Forbes
Doug Marshall
Mary McGuire
Doug Oles
Susan Pitchford

Buildings and Grounds Treasurer Children's Sermon Chancellor Off-site Anchorite

#### Vestry

Dwayne Shearer - Senior Warden Mary Kimball - Junior Warden Ron Lee - Member at Large Lee Anderson-Brooke

Barbara Cairns Jodi Markus Wendy Sefcik Alec Williamson George Brumder John Cary Barb Marshall Lesa Sroufe



Wherever you are on your spiritual journey, you have a place at Epiphany.